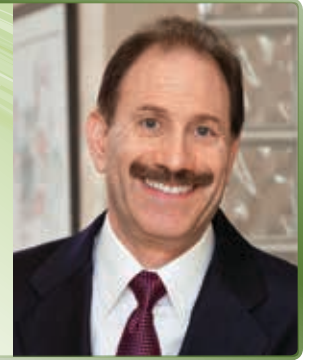


Word of Mouth



Dr. Wayne G. Suway, DDS, MAGD
GENERAL & COSMETIC DENTISTRY



Produced to improve your dental health and awareness

from the dentist

Allergies And Plaque

Avoid dry mouth

Mother Nature gives more than flowers in bloom for people with allergies. Sneezing attacks and running noses can make life pretty miserable, even when the sun is shining. That's why a lot of allergy sufferers turn to antihistamines for relief.

What many people don't know is that while many allergy medications are good with noses, they can cause problems by drying out your mouth which means less saliva to wash away debris from your teeth. Over time plaque may build up around teeth and gums and encourage cavities.

If you are taking antihistamines, the best remedy is to drink plenty of water and keep your mouth moist. Brushing and flossing after each meal will keep your smile healthy and stop plaque from getting a hold of your teeth.

Sincerely,

Dr. Wayne Suway

Probing Questions

Smart Answers

Periodontal disease is an inflammatory disease of the gums and the tissues that support your teeth. It is caused by bacteria. Many adults know little if anything about it. Here are some answers to common questions.

How do I know if I have gum disease?

You may not know without visiting us. In early stages, it's asymptomatic which is why it's called the *Silent Disease*. Eventually, you'll develop a bad taste in your mouth, bad breath, and gums that bleed when brushed or flossed.

How can gum disease affect me?

If symptoms are ignored, they could progress and you could lose your teeth. Gum disease has also been linked with heart and stroke, diabetes, kidney disease, lung disease, Crohn's disease, premature deliveries, and pre-eclampsia.

What is being done about periodontal disease?

In the microscopic world of mouths, bacteria form ecological systems. Understanding this has led to scientific interference with bacterial and microbial nutrients, pH balance, oxygenating agents, communication systems, and ability to self defend.

How will this benefit me?

New understanding leads to new treatments and new diagnostic methods that are available at our dental practice. Prevention through good home care routines and keeping regular dental appointments are still your best defense against periodontal disease.



THANK YOU FOR ALL YOUR REFERRALS. WE APPRECIATE THEM!

Dental Implants

Serendipity and your smile

This could be one of the most serendipitous articles you've ever read. That is, you are about to discover something delightful where you least expected to find it. What is it? Dental implants are more than restorative... They can help you to look great!

Teeth that are lost to gum disease, cavities, or trauma from an accident can be permanently replaced by dental implants – artificial teeth permanently anchored in the jawbone. This is important. Bone loss will *always* follow the loss of a tooth. And if bone is lost even from only one tooth, the surrounding teeth will shift. This can affect your appearance, speech, ability to enjoy food, and your self-esteem.

Let us help you decide whether dental implants are for you. Like any other cosmetic restoration, we'll take into account your health, where the implant is needed, the best implant design, and its suitability for your lifestyle.

How can implants help?

- Placing dental implants soon after tooth loss can save bone, teeth, and the look of your smile.
- For people with good overall health and healthy gums and bone, implants can be an attractive alternative to a denture or bridge.
- Implants really do look and feel just like real teeth.
- Implants help to keep gums looking healthy and young.



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**COMMUNICATION IS IMPORTANT
TO US – DON'T BE
AFRAID TO ASK QUESTIONS!**

CareCredit®



VISA

Referrals Inspire Us

...To raise the bar

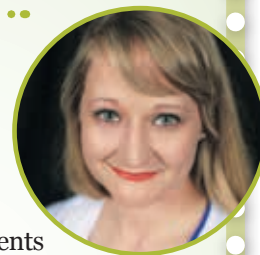
We love it when our patients refer us to family and friends. It speaks volumes to how much you trust us to provide you with the best possible oral health care. And it even goes beyond that. Your referrals inspire us!

Every time you refer our practice to people you care about, it re-energizes our commitment to ensure that your entire experience with our practice is relaxing, comfortable, and even educational. It compels us to continually raise the bar and discover new ways we can provide you with even more.

So, please keep the referrals coming. Your inspiration benefits everyone – you, as well as your family and friends.

Christina's Corner

Systemic Disease... & your oral health



We cannot definitively tell our patients that treating gum infection will prevent a future heart attack ... *yet*. However, a large number of studies suggest a link between oral health and systemic diseases. The nature of the data is circumstantial, yet there are a number of systemic diseases in which there is clearly a benefit to eliminating or controlling periodontal diseases.

One example: aspiration of oral bacterial pathogens has been linked to pneumonia in the institutionalized elderly. It seems that optimizing oral health has significant benefits for patients with systemic disease.